

Cub Programme 1

Theme:	Our Plastic Footprint
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Date:

Duty Six:

Time	Min	Activity	Equipment	Scouter
	05	GRAND HOWL: Flag Prayer Register	Skin/totem Flag Prayer Register	

Our landfill sights are filling up with all sorts of items which could be recycled.

	05	ACTIVE GAME: Recycle Run-around Label areas of your playing area, 'glass', e-waste', 'paper' and 'plastic'. Give each Cub the name of a waste item, e.g. magazine, heater, glass bottle, cell phone, plastic milk bottle, computers, etc. The Cubs run around; when the leader calls 'recycle' they must run to the correct area for their item. Who is in the correct place?	List of recyclable items; labels	
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Are we doing our best to keep our planet healthy?

	15	ACTIVITY: Self-assessment (how much do you know?) Before completing the self-assessment exercise, start by having a discussion on the different forms of pollution and the effects they have on the ecosystem. Some question ideas you could use: <ul style="list-style-type: none"> • Which types of plastic litter are there in our oceans? • Where does the plastic waste come from? • How much plastic litter is there in the ocean? • Where does the plastic litter end up? • How does it affect the ecosystem? 	Self-assessment form – page 15 of the Tide Turners action kit.	
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Let's keep our planet free from litter by reusing what we can.

	10	RELAY GAME: Bottle Bowling (Acknowledgement: Top 20 games and activities for kids) Put a small amount of sand in each bottle using the funnel. The sand will weigh down the pins (bottles), making it harder for the Cubs to knock down. Set up the bowling pins on the playing area and give each Six a ball. Give each Cub five chances to knock down the pins. The Cub who bowls down the pins fastest is the winner.	2 litre soda bottles or dishwashing detergent bottles (enough per Six); lightweight balls, 1 per Six; sand and a funnel	
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Time	Min	Activity	Equipment	Scouter
<i>Recycling is an important habit to get into.</i>				
	10	<p>ACTIVITY: Recycling Word Search</p> <p>Listed on the word search are items that can be recycled. Cubs are to find as many words they can in the time allowed.</p>	1 word search template per Cub; 1 pencil per Cub	
<i>Did you know that there are HUGE islands of plastic floating around the seas?</i>				
	10	<p>TEAM GAME: Tumbling Tows (Acknowledgement: Top 20 games and activities for kids)</p> <p>Divide the Pack into groups of four (depending on the size of the Pack). Give each team a recycle bin filled with bottles. On the word 'go' each team has to stack their bottles to make a plastic tower. The team that builds the tallest tower will be awarded points.</p>	Recycle bin filled with clean plastic bottles	
<i>How much plastic do you use at home?</i>				
	10	<p>ACTIVITY: World of Waste</p> <p>As a Six, the Cubs are going to think about items used in their homes made from plastic. The Sixer is to write down all the items. From the different items mentioned, create a bar graph to show the amounts of different plastic items used in the household. Discuss possible reasons why plastic has replaced so many items in our homes.</p>	<p>Pencil and paper per Six</p> <p>Plastic Beginnings – page 28 of the Tide Turner Action Kit</p>	
<i>Bits of paper laying around make a place look very untidy.....</i>				
	05	<p>SING SONG: Bits of paper</p> <p>Tune: Frere Jacques</p> <p>Bits of paper, bits of paper, Laying round, laying round, Make the place untidy, make the place untidy, Pick them up, pick them up.</p>	Singing module – page 8	
<i>To keep track on how we are doing in this challenge, let's create a Plastic Challenge Logbook.</i>				
	10	<p>ACTIVITY: My Plastic Challenge Logbook</p> <p>Explain to the Cubs that they are going to create a Plastic Challenge Logbook in which they are going to record everything that they are going to do and learn from this challenge.</p>	Paper/exercise books; crayons; glue; scissors	

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		They will start by putting in the plastic audit quiz and the Home Survey Sheet which they will complete at home.	Plastic Audit Quiz – page 19 of the Tide Turner Action Kit Plastic Beginnings (Home Survey sheet) – page 30 of the Tide Turner Action Kit	
<i>It's almost time to head for home. Remember to complete your plastic audit quiz and home survey sheet.</i>				
	05	NOTICES/BADGES		
	05	GRAND HOWL: Flag Prayer Dismiss	Skin Flag Prayer	

Recycling Word Search

Can you find the hidden words?
Words may be forward, backward or diagonal.



ALUMINUM BIN BIODEGRADABLE BOTTLES CANS CARDBOARD
EARTH ENERGY ENVIRONMENT GLASS GREEN METAL NEWSPAPER
PAPER PLASTIC RECYCLE REDUCE RENEW REUSE

Evaluation of a Pack Meeting :

	Yes	No
1. Was it fun? Did the Cubs enjoy themselves?		
2. Did each Cub achieve something and make progress?		
3. Was there a balance of work and play?		
4. Was there a variety of games?		
5. Did all the Scouters take part in the programme?		
6. Was there a yarn?		
7. Were the active games followed by quieter activities/games?		
8. Was the timing allowed for each activity correct?		
9. Was there something old and something new?		
10. Did the meeting start and finish on time?		
11. Were most or all of the activities aimed at one of the Training Programme items?		

General Comments: